



## International Critical Incident Stress Foundation

3290 Pine Orchard Lane · Suite 106 · Ellicott City, MD 21042  
www.icisf.org · (410) 750-9600 · info@icisf.org

# ADVANCED ASSISTING INDIVIDUALS IN CRISIS

Crisis Intervention is NOT Psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. This program is the second in a two course series entitled Assisting Individuals in Crisis Intervention.

The program is designed to teach crisis interventions it applies to assisting individuals in crisis, one person at a time. It does not teach group crisis intervention; although some of the skill sets contained herein are certainly applicable to group intervention. This program will teach advanced scenario-based crisis intervention techniques based upon an understanding of the basic crisis intervention concepts, principles, and tactics taught in the first assisting individuals in crisis program.

### **Program Highlights:**

- Nature and definition of a psychological crisis and psychological crisis intervention
- Nature and definition of critical incident stress management and its role as a continuum of care.
- Empathic communication techniques
- Practice of psychological triage
- SAFER-Revised model of individual psychological crisis intervention in a suicide scenario
- SAFER-Revised model of individual psychological crisis intervention in a “follow-up” or referral scenario
- Risks of iatrogenic “harm” associated with psychological crisis intervention and will further discuss how to reduce those risks
- Principles of self-care

Successful completion of the Approved Instructor Candidate Program will allow you to teach this curriculum to others. Continuing education will be required to maintain your instructor status.



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### **Prerequisites for Participation in “Advanced Assisting Individuals in Crisis” Approved Instructor Candidate Program:**

- Advanced Assisting Individuals in Crisis
- ICISF Approved Instructor in good standing for:
  - Assisting Individuals in Crisis (formerly known as Individual Crisis Intervention and Peer Support)
- Have taught no less than three Assisting Individuals in Crisis courses with good student evaluations.
- A letter of recommendation/endorsement from a local, state or regional CISM team or agency / institution dated within three months of application due date.
- A letter of recommendation/endorsement from a local, state or regional CISM coordinator or clinical director dated within three months of application due date.
- At least one of the letters of recommendation/endorsement must attest to the instructor candidate’s teaching ability. If neither of the aforementioned letters can do so, a third letter must be submitted.
- Active membership on a crisis intervention team.
- Current ICISF membership.
- A copy of a current CV or resume.
- A brief statement outlining:
  - Your crisis intervention/CISM experience
  - Active membership on a crisis intervention team
  - Your instructional experience.
  - Reasons for applying for ICISF Approved Instructor Training.
- Completion of the UMBC CISM Certification Exam <http://cism.umbctraining.com/> .  
Optional “CISM: A Practical Review” can be purchased [here](#).