

# School Shootings

## ***Resources for Coping, Resiliency & General Knowledge***

In the horrific aftermath of yet another school shooting, we come together again to deal with the psychological aftermath of violence directed toward school children and those who care for them.

We hope you find these **RESOURCES** from **recognized** and **reputable national organizations** helpful.

If any of the **PAR Foundation Partners** can be of assistance, please reach out. [E-Mail](#) [Website](#)  
We are here to help. +01(423) 322-3297

### **National Association of School Psychologists** Website [LINK](#)

- School Safety & Crisis Resources [LINK](#)
- School Violence Resources [LINK](#)
- Talking to Children About Violence: Tips for Parents & Teachers [LINK](#)
- School Violence Prevention [LINK](#)
- School Violence Prevention: Brief Facts & Tips [LINK](#)
- School Violence Prevention: Tips for Parents & Educators [LINK](#)
- Threat Assessment at Schools [LINK](#)

### **American Psychological Association** [LINK](#)

- Gun Violence: Prediction, Prevention, and Police [LINK](#)
- Gun Violence Prevention: Research Summaries and Suggestions [LINK](#)
- Warning Signs of Youth Violence [LINK](#)
- Helping Your Children Manage Distress in the Aftermath of a Shooting [LINK](#)
- Parents are Worried About School Shootings [LINK](#)
- Violence Prevention [LINK](#) (various topics and resources)
- ACT: Raising Safe Kids Program [LINK](#)

### **Federal Bureau of Investigation** [LINK](#)

- School Shooting Resources [LINK](#)
- Active Shooter Safety Resources [LINK](#) (lots of resources- videos too)
- Pre-Attack Behaviors: a study between 2000-2013 [LINK](#)
- Pre-Attack Behaviors (Quick Reference Guide) [LINK](#)
- Making Prevention a Reality: Identifying, Assessing, and Managing the Threat of a Targeted Attack [LINK](#)
- Active Shooter Study: Quick Reference Guide [LINK](#)
- Violence Prevention in Schools (2017) [LINK](#)
- In the Aftermath (YouTube Video) [LINK](#)
- Echoes of Columbine (YouTube Video) [LINK](#)

### **U.S. Secret Service** [LINK](#)

- Mass Attacks in Public Spaces 2016-2020 (Published Jan 2023) [LINK](#)
- Averting Targeted School Violence: plots against schools 2021 [LINK](#)
- Enhancing School Safety Using a Threat Assessment Model: An Operational Guide for Preventing Targeted School Violence (2018) [LINK](#)
  - Protecting America's School: Analysis of Targeted School Violence(2019) [LINK](#)

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## National Child Traumatic Stress Network [LINK](#)

48 resources specific to school shootings: [LINK](#)

- A Parents Guide for Helping Youth After a Recent Shooting [LINK](#)
- College Students: Coping After a Recent Shooting [LINK](#)
- Age-Related Reactions to a Traumatic Event [LINK](#)
- Psychological First Aid (On-Line 5-hour Course) [LINK](#)
- I Don't Know How to Address Worries About My Child's Safety at School (YouTube) [LINK](#)
- Assisting Parents/Caregivers in Coping with Collective Trauma [LINK](#)
- Coping After Mass Violence [LINK](#)
- = For Teens [LINK](#)
- Skills for Psychological Recovery [LINK](#)
- Creating School Active Shooter-Intruder Drills [LINK](#)
- Parents Guide for Helping Youth After Mass Violence [LINK](#)
- Psychological Impact of Mass Violence [LINK](#)
- Tipsheet for Youth Talking to Journalists About Mass Violence [LINK](#)
- Psychological First Aid for Schools [LINK](#)
- Talking to Children About the Shooting [LINK](#)
- Helping Youth After Community Trauma: Tips for Educators [LINK](#)
- Helping School-Age Children with Traumatic Grief: Tips for Caregivers [LINK](#)
- Helping Teens with Traumatic Grief: Tips for Caregivers [LINK](#)
- Helping Young Children with Traumatic Grief: Tips for Caregivers [LINK](#)
- Providing Psychological First Aid: Health-Related Professionals [LINK](#)
- Providing Psychological First Aid: Principals and Administrators [LINK](#)
- Providing Psychological First Aid: Support Staff [LINK](#)
- Providing Psychological First Aid: Teachers [LINK](#)
- Guiding Adults to Talk with Children About Death and Attending Services [LINK](#)
- Parent Guidelines for Helping Youth After Mass Violence [LINK](#)
- Psychological Impact of the Recent Shooting [LINK](#)
- Teacher Guidelines for Helping Students After Mass Violence [LINK](#)
- Tips for Parents on Media Coverage [LINK](#)
- Schools and Trauma (online course) [LINK](#)
- Tip Sheet for Youth Talking to Journalists About the Shooting [LINK](#)
- Psychological First Aid – Mobile App [LINK](#)
- Psychological First Aid: Parent Tips for Helping Adolescents After a Disaster [LINK](#)
- Psychological First Aid: Parent Tips for Helping Infants and Toddlers After a Disaster [LINK](#)
- Psychological First Aid: Parent Tips for Helping Pre-School Aged Children After a Disaster [LINK](#)
- Psychological First Aid: Parent Tips for Helping School-Aged Children After a Disaster [LINK](#)
- Psychological First Aid: Field Operations Guide 2<sup>nd</sup> Edition [LINK](#)
- Creating Supportive Environments When Scary Things Happen [LINK](#)
- Talking to Children When Scary Things Happen [LINK](#)
- Talking to Teens When Violence Happen [LINK](#)
- Restoring a Sense of Safety in the Aftermath of a Mass Shooting: Tips for Parents & Professional [LINK](#)
- Healthcare Tool Box: Trauma Informed Care [LINK](#)
- = After the Injury [LINK](#)
- After a Crisis: Helping Young Children Heal [LINK](#)

## Johns Hopkins' Bloomberg School of Public Health [LINK](#)

- Debunking Myths About Gun Violence [LINK](#)
- Gun Violence Prevention: What a Study of Mass Shootings Tells Us About How to Prevent Them *Podcast* [LINK](#)
- A Year in Review 2020 GUN DEATHS IN THE U.S. The Johns Hopkins Center for Gun Violence Solutions [LINK](#)

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## **Sandy Hook Project** [LINK](#)

- 17 Facts About Gun Violence And School Shootings [LINK](#)
- Know The Signs: You Can Prevent Gun Violence And Other Harmful Acts [LINK](#) (Video Also)
- Say Something Anonymous Reporting System [LINK](#) (Video) (Reporting Form & Submission)

## **The Center for Homeland Defense & Security: Naval Postgraduate School: School Shooting Safety Compendium** (various resources) [LINK](#)

- **Mother Jones Investigations:** US Mass Shootings 1982-2023 [LINK](#)
- **Everytown** for Gun Safety Research & Policy [LINK](#)
  - = How To Stop Shootings and Gun Violence in Schools: A Plan to Keep Students Safe [LINK](#)
  - = Gun Violence Survivors in America [LINK](#)
  - = Mass Shootings in America (Interactive map) [LINK](#)

## **Substance Abuse & Mental Health Services Administration (SAMHSA)** [LINK](#)

- Mental Health Issues and Conditions in Children and Youth Exposed to Human-caused Disasters [LINK](#)
- Project AWARE (Advancing Wellness and Resiliency in Education) [LINK](#)
- Collaborative Efforts Needed to Address Youth Violence [LINK](#)
- National Disaster Distress Help Line [LINK](#)
- Mass Violence and Mental Health [LINK](#)
- Caring for Kids After a School Shooting [LINK](#)
- Tips for Talking to Kids After a School Shooting [LINK](#) (Sandy Hook example)

## **Child Mind Institute:** Caring for Students after a Shooting (video & print resources) [LINK](#)

- = How to Talk to Kids After a School Shooting [LINK](#)
- = Going Back to School After a Tragedy [LINK](#)

## **International Society for Traumatic Stress Studies** [LINK](#)

- Mass Violence Resources [LINK](#)
- The Impact of Disasters and Mass Violence Events on Mental Health [LINK](#)
- Risk & Resiliency Factors After Disaster and Mass Violence [LINK](#)
- Reactions Following Disaster and Mass Violence [LINK](#)
- Skills for Psychological Recovery Manual [LINK](#)
- Resources for Survivors and the Public Following Disaster and Mass Violence [LINK](#) various resources
- What to Expect in the Wake of Mass Violence [LINK](#)
- Help for Survivors in the Aftermath of Disaster and Mass Violence [LINK](#)
- Ways for Families to Cope with School Shootings [LINK](#)
- Community Violence: The Effects on Children and Teens [LINK](#)
- Trauma Reminders: Triggers [LINK](#)
- Working with Trauma Survivors: What Workers Need to Know [LINK](#)
- Managing Grief After Disaster [LINK](#)
- Helping Survivors: Early Interventions [LINK](#)
- Safety, Recovery, and Hope: Helping Communities & Families Recover [LINK](#)  
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- Children & Trauma [LINK](#)
- When a Friend or Loved One has been Traumatized [LINK](#)

## **The American Academy of Child & Adolescent Psychiatry** [LINK](#)

- How to Talk to Children About Mass Shootings [LINK](#)
- Is the Next School Shooter Sitting Before Me? Critical Issues in School Threat Assessment [LINK](#)

## **Center for Homeland Defense and Security: Naval Postgraduate School** [LINK](#)

- School Shooting Safety Compendium (various resources) [LINK](#)

## **Everytown for Gun Safety** [LINK](#)

- Resources for Victims & Survivors of Gun Violence [LINK](#)
- Mass Shootings in America (interactive map) [LINK](#)
- How to Stop Shootings and Gun Violence in Schools [LINK](#)

## **International Critical Incident Stress Foundation** [LINK](#)

- Handouts – Various downloadable-ready to print [LINK](#)
- Podcasts [LINK](#) -YouTube Videos [LINK](#) -Videos [LINK](#)
- Crisis Journal Articles: Stop the Threat-Stop the Stigma [LINK](#) All Articles [LINK](#)  
An Integrated Multicomponent Response to Community Violence [LINK](#)  
Disaster Mental Health Protocols in Respect to Children & Adolescents [LINK](#)

## **American Academy of Experts in Traumatic Stress** [LINK](#)

- A Practical Guide for Crisis Response in Our Schools (publication) [LINK](#)
- Parent Guidelines for Crisis Response in Our Schools (pdf) [LINK](#)
- Teacher Guidelines for Crisis Response in Our Schools (pdf) [LINK](#)
- Trauma & Loss in Children (various online courses) [LINK](#)
- InfoSheets: Identifying Students At-Risk for Violent Behavior: a checklist of Early Warning Signs(pdf) [LINK](#)
- InfoSheets: Helpful Information During and After a Traumatic Event (pdf) [LINK](#)
- InfoSheets: Indicators Suggestive of a Greater Likelihood of Self Destructive Behaviors (pdf) [LINK](#)

## **Giffords** [LINK](#)

- From Healing to Action: A Toolkit for Gun Violence Survivors and Advocates [LINK](#)

## **Healthy Children.org** [LINK](#)

- Childhood Grief: When to Seek Additional Help [LINK](#)
- School Safety During an Emergency or Crisis: What Parents Need to Know [LINK](#)

## **RAND Corporation**

- Mass Attacks Defense Toolkit: Preventing Mass Attacks, Saving Lives [LINK](#)

## **National Criminal Justice Reference Service**

- School Tip Line Toolkit [LINK](#)

## **National Policing Institute**

- Averted School Violence [LINK](#) (web page with various resources)
- Averted School Violence: Fact Sheet [LINK](#)
- Averted School Violence Analysis 2021 [LINK](#)
- A Comparison of Averted and Completed School Attacks [LINK](#)
- How Students Can Help SRO and Others Avert School Violence [LINK](#)

## **Emergence: Getting to the Left of GANG** Recognizing the Signs & Reacting- YouTube Video [LINK](#)

## **K-12 School Shooting Database** [LINK](#)

## **The Violence Project** [LINK](#)

**PsychCentral** [LINK](#) (various resource listings including podcasts)

Gun Violence & School Safety: Policy Implications & Recommendations (2022) [LINK](#)

Gun Violence as an Adverse Childhood Experience (ppt from Columbia Teacher's College) [LINK](#)

K-12, college/university, and mass shootings: similarities and differences [LINK](#)

Eric Hainstock: Free at last [LINK](#)

*Please contact me to share other helpful resources. Let me know how we may be of assistance.*

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**NOTES:**