



International Critical Incident Stress Foundation, Inc.

## *ADVANCED ASSISTING INDIVIDUALS IN CRISIS*

Crisis Intervention is NOT Psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. This program is the second in a two course series entitled Assisting Individuals in Crisis Intervention. The program is designed to teach crisis interventions and it applies to assisting individuals in crisis, one person at a time. It does not teach group crisis intervention; although some of the skill sets contained herein are certainly applicable to group intervention. This program will teach advanced scenario-based crisis intervention techniques based upon an understanding of the basic crisis intervention concepts, principles, and tactics taught in the first assisting individuals in crisis program.

### **Program Highlights:**

- \*Natures & definitions of a psychological crisis and psychological crisis intervention
- \*Nature and definition of critical incident stress management and its role as a continuum of care.
- \*Empathic communication techniques
- \*Practice of psychological triage
- \*SAFER-Revised model of individual psychological crisis intervention in a suicide scenario
- \*SAFER-Revised model of individual psychological crisis intervention in a “follow-up” or referral scenario
- \*Risks of iatrogenic “harm” associated with psychological crisis intervention and will further discuss how to reduce those risks
- \*Principles of self-care

Successful completion of the Approved Instructor Candidate Program will allow you to teach this curriculum to others. Continuing education will be required to maintain your instructor status.



**Prerequisites for participation in the Advanced Assisting Individuals in Crisis Approved Instructor Candidate Program:**

- \*Completion of the Advanced Assisting Individuals in Crisis class. (A copy of your certificate of completion is required to accompany the application).
- \*ICISF Approved Instructor in good standing for:
  - Assisting Individuals in Crisis (formerly known as Individual Crisis Intervention and Peer Support).
- \*Have taught no less than three Assisting Individuals in Crisis courses with good student evaluations.
- \*A letter of recommendation/endorsement from a local, state or regional CISM team or agency / institution dated within three months of application due date.
- \*A letter of recommendation/endorsement from a local, state or regional CISM coordinator or clinical director dated within three months of application due date.
- \*At least one of the letters of recommendation/endorsement must attest to the instructor candidate's teaching ability. If neither of the aforementioned letters can do so, a third letter must be submitted.
- \*Active membership on a crisis intervention team.
- \*Current ICISF individual or team membership.
- \*A copy of a current CV or resume.
- \*A brief statement outlining:
  - Your crisis intervention/CISM experience
  - Active membership on a crisis intervention team
  - Your instructional experience.
  - Reasons for applying for ICISF Approved Instructor Training.
- \*Completion of the CCISM Certification of Knowledge Exam <https://cismcertifications.org>
- \*Optional "CISM: A Practical Review" can be purchased here. <https://cismbookstore.com>